



**CONCERN IS GROWING ABOUT BULLYING.** The Utah State Office of Education estimates that bullying negatively impacts 20 percent of Utah students. Bullying can make kids feel scared, lonely, embarassed, sad and even sick. We are committed to sharing messages of hope in an effort to help students take a stand against bullying.

Parents, educators and students need to take leadership and initiative to truly create a bully-free environment. We need to help students establish safer and more welcoming cultures and climates in school. The Utah Anti-Bullying Coalition (UABC) is engaging every prospective community partner in a unified effort to stand up against bullying behaviors in schools and in digital and social media.

> THE UABC OFFERS A MENU OF COST-FREE RESOURCES TO SCHOOLS based on need including curriculum, training, anonymous tip line, motivational assembly and collateral material.

> THE UABC IS A PRIVATE/PUBLIC PARTNERSHIP working to help kids reach their full potential in a bully-free environment.

JOSH MADE A CONSCIOUS DECISION TO RISE ABOVE BULLYING. Known as "The Doorman," Josh stands at the entrance of his school each morning, holding the door open and greeting fellow students and teachers as they arrive. The small, generous gesture has changed his life and that of the entire school culture. Josh was bullied by his peers following his father's death. In an effort to cope, he transferred schools and decided to also change his circumstance. His act of kindness has created a positive school atmosphere and increased the acts of kindness among students.

Nearly every day, there's a story about someone who has been bullied. Not every story has a postiive outcome like Josh's. The UABC **empowers** students, **educates** parents, and **supports** teachers by serving as an anti-bullying information and collateral material resource to each of these important groups.

IN JUST ONE YEAR, THE UABC HAS **PROVIDED ANTI-BULLYING RESOURCES** TO OVER 60 SCHOOLS. For example, during an anti-bullying assembly at a local high school, students were taught how to use the newly installed anonymous tip line. Within one hour after the assembly, school counselors received several tips about a student who was planning to commit suicide that day. The administrators were able to quickly intervene, contacting the parents and student to assess the situation. After six months, the student has been improving. The school has expressed gratitude since a tip line was put in place to help save the student's life. The UABC is committed to helping each school find the right working solution to prevent bullying and effects.

in the second second



## > TAKE THE PLEDGE!

## Join us in our effort to end bullying in Utah.

To learn more about the Utah Anti-Bullying Coalition and how you can get involved, visit us at utahantibullying.org/volunteer.



